



# beBetter System - Quick Start Guide

This guide will help you get started with the beBetter System to become **engaged** with your wellness activities!

## Create Your Account

To begin, you need to create your account. Follow the instructions listed below:

- 1** Go to [www.bebetterhealth.net](http://www.bebetterhealth.net). Click the “**Account Setup**” link.

Welcome to the Health Portal Login.

Please fill in your username and password below. If you do not have an account, you may create one by going to [account setup](#).

Username

Password

[Forgot Username ?](#) | [Forgot Password ?](#)

Remember me

Para ingresar al sitio en español, haga clic aquí:

© 2012 beBetter Health, Inc. | [Privacy Policy](#)

- 2** Your Organization ID is **2427**

Enter Organization ID

Use the ID provided to you

Member ID

First Name

Last Name

Date of Birth

- 3** Your Member ID is your **Date of Birth + last 6 of SSN**. This will be a 14 digit number. See example below:

Enter Organization ID

Use the ID provided to you

Member ID

First Name

Last Name

Date of Birth

Example:

DOB: January 2, 1980  
 SSN: XXX-55-1234  
 Member ID: 01021980551234

- 4** Enter your first name, last name, and date of birth.

Enter Organization ID

Use the ID provided to you

Member ID

First Name

Last Name

Date of Birth

**TIP:** Be sure use your name as it appears in your HR documents (e.g., Michael instead of Mike, hyphenation in last name, etc.)



5

Create your own username and password. Password (must be at least 6 characters with 1 letter and 1 number).

Choose Your Username

Choose Your Password   
Must be at least 6 characters, including 1 letter and 1 number

Confirm Your Password

6

Select a security question and enter your answer. Enter your email address. Please use an active email address you readily have access to.

Choose Your Security Question

Answer

Email Address   
Why we ask for this

Confirm Your Email Address

**TIP: A unique email address is required to create your account.** You cannot share an email address with another person creating an account. If you don't have an email address, you can create one through Google, Yahoo!, or another provider of your choice. To create a new personal email address for free, go to:

- gmail.google.com – click the “Create An Account” button near the top right and follow the onscreen instructions, or
- www.yahoo.com – click the “Sign Up” link near the top right and follow the onscreen instructions

**TIP: Please remember your security question answer and email address!** If you ever forget your username or password, don't worry. You can use the self-service functions “Forgot Username?” or “Forgot Password?” located on the login page to retrieve your username or reset your password. To do this, you must know the answer to your security question and your email address – so be sure you enter them carefully when you create your account!

### ABC's to Get Engaged!

Follow these easy steps to become engaged in your Wellness Program and begin to earn your quarterly \$25 premium discount and raffle prizes.

A

Go to [www.bebetterhealth.net](http://www.bebetterhealth.net) and create your account on **March 9<sup>th</sup>, 2015**.

B

Login and click the “**Take Survey**” link to complete your Health Survey **between March 16<sup>th</sup> and March 28<sup>th</sup>, 2015**.

C

Click the My Rewards tab to read details of your wellness program, such as how to earn points towards great prizes and incentives!

### Need Help?

If you need assistance creating your wellness portal account or navigating the portal please contact the beBetter Health Help Desk. They can be reached Monday – Friday 9:30 – 5:30 EST. Call toll free 866-900-5325 or email [support@bebetter.net](mailto:support@bebetter.net). Please allow up to 24 hours for a response.